

Breakthrough Basketball Camp Guidelines 2020

These guidelines have been provided to make our basketball camps a safe environment for you, the parents, and our campers in light of the current COVID-19 pandemic. The information has been gathered from the [CDC Camp Guidelines](#) and the [American Camp Association Field Guide](#). Familiarize yourself with the information provided on those two sources/links.

Please note the materials provided reflect the best available information at the time they were prepared. It is possible that the strategies and concepts outlined may change as understanding evolves regarding the unique challenges that COVID-19 poses. As such, information or resources provided or made available should not be considered as rigid, nor are they intended to supplant professional, informed judgement based on observed conditions.

What to bring with you (these items are just in case the facility doesn't have or runs out)

- Hand sanitizer
- Disinfectant (Clorox wipes, etc)
- Basketball
- Print new (temporary) [COVID-19 waiver](#)
 - Quantity will be communicated to you ahead of time
- Cones
- A basket or folder of some kind for parents to place waivers in. If you don't have one, ask the facility for one when you arrive.

Check in Process

- Set up 10 cones in a line at least 6 feet apart, starting with the check in table/desk
- Screening questions added to the [check in list](#)
- Let the camper/parent place the COVID 19 waiver themselves in the basket. Nobody is allowed in without it. We will send the new waiver to parents a week prior and send follow up reminders.
- Tell each camper to get ready for camp and sit at least two arms length away from another camper as they get ready. They can warm up/shoot around, but please tell them no one on one.
- If parents stay, they must practice physical distancing

Post Check in

Meet with the assistant coaches as you normally do. In addition to normal camp curriculum things to discuss, brief on the following:

- Check for signs and symptoms in children and staff. The assistant should notify you if they suspect a camper is showing signs of being sick. You make the decision to send home and call their parent.
- Physical distancing - keep your distance of about two arms lengths. No touching!
- Disinfect any shared equipment used during lunch break. This includes chairs/benches kids sit on.

Pre Camp Speech

Gather everybody in as you normally do. Here are some best practices during camp to communicate:

- How and when to effectively wash and sanitize hands
 - Every break
- Lunch break - Eat outside (if possible). Otherwise space out throughout the building, physical distancing rules apply. Wash hands.
- How to practice physical distancing through increased spacing in small groups
- Coughing and sneezing etiquette
- No one is to share the following: basketballs, water, towels or any equipment. Practice jerseys/pinnies, shoes, socks, etc. Only exception to this is a basketball when passing during some drills.
- Only coaches pick up cones and chairs used for drills

During Camp

- Keep players and coaches in the groups they started out in throughout the duration of camp
- Continue to roam throughout the gym but keep your distance

Post Camp

- Wipe down seating areas
- Make sure kids aren't playing 1 on 1

Finally, use common sense and have fun!

Camp Reminder/Info email that gets sent to parents the week prior -

<https://docs.google.com/document/d/1fEpQloQ4nANu8sWY5s0LbcLQBTMc3NJbCZxGhmJkoU/edit?usp=sharing>

Additional information to put in the Assistant Coach Info Email:

- Bring your own hand sanitizer & wipes
- Help out wiping down shared equipment/seating areas during breaks
- Coaches should have their temperature checked before leaving home. If you have a temperature at 100.3 or above, stay home and notify us by replying to this email or texting/calling 815-664-8232